Pathways 1

Intentional Memory Care

## February 2024 Events

## Regency Retirement Village of Birmingham 285 West Oxmoor Road | Birmingham, AL 35209 | (205) 942-3355

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2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	C
5					11:00 Bible Study 2:00 Bingo	10:30 Price is Right IN2L 2:00 Dominoes	9:00 Let's Walk 3 10:00 History of Four Chaplains IN2L 1:30 Dominoes 4:00 Animal Planet	an
<b>&gt;</b>						3:30 Google Earth IN2L 6:00 TV Land	6:00 Frozen Yogurt Night	
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	11:00 Our Daily Bread 2:00 Daily Visits 4:00 Range of Motion	11:00 Bible Study 2:00 Bingo 4:00 Board Games	10:00 Music Therapy 1:30 Ted Talks IN2L 3:30 Snacks with Activity	10:00 Total Trivia 11:00 Send a Card to a Friend 1:30 Music to Soothe	10:30 Coffee Concert 2:00 Scenic Ride 4:00 Cornhole	National Heart Month 9:00 Morning Movement 10:30 History of St. Valentines IN2L	9:00 Let's Walk 10 10:30 History of Umbrella IN2L National Umbrella Day 1:30 Say it with Color Sheets	1
	6:00 Hymn Sing Along	6:00 Remembering the '60s		2:30 Chocolate Making Demo & Tasting 4:00 Swing Music Big Band 6:00 Hallmark Movie Night		2:00 Build Your Pizza Day 4:00 Table Games 6:00 Friday Movie Night	4:00 Puzzles 6:00 Singing in the Rain Movie	
		11:00 Bible Study 1:30 Milk and Cookies 1:30 Make Valentine Cards for	Decorating  1:30 Radio Stories	9:00 Morning Stretch & Walk 10:30 Send Card to a Friend 1:30 Valentine Event 3:30 Music for Calm and Peaceful Enjoyment Sing Along	IN2L History and Making	9:00 Morning Movement 10:30 National Bubble Gum Day The making of Gum IN2L Balloon Flight IN2L 1:30 Balloon Volley Ball	9:00 Morning Motion 17 10:30 Sparkling Cider & Chocolate History of Wine Making IN2L 1:30 Let's Get Up and Move Afternoon Stretch Movement to	Ø
(a)		ı		6:00 Hot Chocolate Sweet Dreams	3:30 Snacks Made from Gum Drops 6:00 Willy Wonka and The Chocolate Factory	3:30 Coffee & Muffins 6:00 The Great Race Movie	Music 3:30 Chair Cornhole 6:00 Movie I Can Only Imagine	<i>→</i>
		9:00 Morning Cardio 19 11:00 Bible Study 2:00 Bingo 3:30 Ice Cream Day 6:00 Movie & Popcorn	9:00 Morning Stretch 20 10:30 Coffee and Muffins Let's Connect 1:30 Ladies Manicures & Massage 3:30 Dominoes	10:30 Coffee and Sticky Buns Yeast History Bread Making 1:30 Caregivers & Resident	10:30 Making Dog Treats Donate to Humane Society 1:30 Banana Bread Demo & Tasting	9:00 Balloon Bounce 23 10:30 My Life Story 1:30 Name That Tune 3:30 Soup Demo Clam Chowder	9:00 Sit and Be Fit Movement 10:30 Nacho Chips Story Corn Uses IN2L 1:30 Tortilla Chip and Dips	0
Q.		•	6:00 Movies of The Heart	i Ailei i looi i Cai us & iviai uai ila	· ·	6:00 Men's Choice TV	3:30 Say It with Color Sheets 6:00 Ladies Movie Night Cards For Men	9
	10:30 Morning Movement & Hydration Station 1:30 Bible Stories IN2L	11:00 Bible Study 1:30 Nuts To Your Health IN2L 3:30 Bean Bag Baseball 6:00 Hot Chocolate and Music	10:30 Polar Bear Story In2L 1:30 Scenic Ride Polar Ice Drinks 3:30 Animal Planet Animals of the Cold	9:00 Moving to The Music 28 10:30 Memories for the Making IN2L Recall 1:30 Yoga Drumming 3:30 Hydration and Music 6:00 Movie of the Heart	February Birthday Celebration 29			5 C 1
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